

**Chlamydia and Gonorrhoea (orange sample kit for males)**

1. Please provide a urine sample in the white-topped urine bottle provided separately
2. Remove the orange lidded sample tube from the plastic packaging
3. Unscrew the orange lid and carefully stand the tube upright
4. Take the pipette from the plastic packaging and collect some urine from the white-topped urine bottle
5. Place the urine in the orange-lidded test tube
6. Screw the orange lid back onto the test tube
7. Discard the white-topped bottle and contents
8. Place the orange-topped tube into the request form bag
9. Do not seal the bag
10. Please return to the surgery